

# NEWSLETTER

## St Justin's Parish School

Principal: Mr Patrick Torpey

Email: principal@sjwheelershill.catholic.edu.au

Bulletin No 35

Friday 5th November 2021

#### Dear Families and Friends,

So nice to have everyone back again and whilst we still face many restrictions, it's wonderful to be together.

This week we would normally be counting down our sleeps until our annual St Justin's Fair on the Hill-a wonderful community event that brings everyone together. Whilst we may be disappointed that it won't happen this year (along with many other things that have had to be cancelled), we know that our community spirit will ensure that it will happen again in the near future (hopefully next year – fingers crossed).

Thanks to all those who continue to make the effort to ensure their child is dressed in full school uniform. We know it has been difficult with restricted access to shops, hairdressers, etc. especially when many of our students have grown so much over the last few months. If for whatever reason your child is not able to wear full school uniform, please let us know. School uniform is important - it is a powerful sign that says we belong - we belong to the St Justin's community, we belong for who we are and not because of what we wear or what we look like. Often those who wear different shoes, socks, hair ties or nail polish, look for acceptance from their peers for their external appearances. At St Justin's, we want each child to be accepted for who they are from the inside and not be distracted by external "bling". This also includes smart watches. Whilst some devices are designed to count steps and encourage us to keep active, a reminder that phones and communication devices should not be brought to school. If for any reason your child needs to have a communication device, please ensure it is handed to the classroom teacher in the morning and collected at the end of the day.

#### First Eucharist & Confirmation

As announced last week, with the easing of restrictions for Religious Celebrations, we have been able to organise the celebrations of Confirmation and First Eucharist. These will be celebrated on:

#### Confirmation: Year 6 - Thursday 25th November

- Year 6DW 5:00pm Mass
- Year 6S 7:00pm Mass

#### First Eucharist: Year 5 - Saturday 4th December

- Year 5SS 2:00pm Mass
- *Year 5CI − 4;00pm Mass*

#### First Eucharist: Year 4 - Sunday 5th December

- Year 4L 2:00pm Mass
- **-** Year 4G − 4:00pm Mass





We are very grateful that our students will be able to celebrate the sacraments this year, despite the following Victorian Government compulsory restrictions:

- We are allowed a ratio of one person per 4 square metre (75 people in total: candidate + 2 guests)
- *Double vaccination for all guests (not required for candidates)*
- QR Code and Masks on entry.

Thanks to Fr Andrew and Mrs Snell for organising these celebrations so promptly. Thanks also to our students and families for being so patient and understanding in these "different" times. Please keep our students in your prayers.

### School Sports Carnival

Also announced last week was the confirmation of our annual St Justin's Sports Carnival, which will be held on Friday 19<sup>th</sup> November at Knox Athletics Track. Please note that this is a day event (more details attached) and again, Victorian Government compulsory restrictions will apply. We thank Mr Johnson for organising this event so promptly after the easing of restrictions.

Today we are encouraged to count our steps, calories and money.

Please remember to count our blessing –

We have much to be thankful for.

The things you take for granted someone else is praying for.

#### World Teachers Day

Yesterday at St Justin's, we celebrated World Teachers' Day, a day to recognise the work that is done by teachers all over the world (normally held on the last Friday in October in Australia). Teaching is a wonderful profession but it is challenging in many ways. Teachers who embrace the challenges and relish the joys in their work, play a vital role in the development of children and adults all over the world.

Whilst we didn't celebrate the way we should have, I certainly do appreciate all the work the amazing staff do here at St Justin's – we are truly blessed. They give their all, teaching with the mind and with the heart. In the words of Aristotle, "Educating the mind without educating the heart is no education at all".





#### Reminder: Face Mask Regulations - Year Prep to Year 6

Parents of Year 3 to Year 6 children are advised that the Government COVID Guidelines:

- Directs students in Year 3 to Year 6 to wear face masks when indoors on school premises, unless an exemption applies parents of children with 'lawful exceptions for mask wearing, including those with disability, medical or a mental health condition' are advised to inform the principal in writing: Patrick Torpey ptorpey@sjwheelershill.catholic.edu.au
- Recommends that Prep to Year 2 children wear face masks when at school and attending an Out of School Hours Care Program.

We request that all families specifically adhere to the direction for Year 3 to Year 6 children and take on board the recommendation for Year Prep to Year 2 children.

#### School Uniform

Please ensure your child is wearing the correct school uniform including:

- Black school shoes (not runners unless sports uniform is to be worn). If you are in the process of purchasing new shoes, please send a note to the teacher.
- Hair ties blue, maroon or white.
- Socks Grey / White

For all your uniform needs, please contact our school supplier, <u>Academy Uniforms</u>



Just a reminder to all families, students are not permitted to wear nail polish to school. Also, only some jewellery is allowed – studs or sleepers; a watch; necklace with cross. Thank you for helping your children remember these things when they dress each day.

### Time to get 'Sun Smart'

A reminder that St Justin's is a 'Sun Smart School' and as a result, throughout October to the end of April, students are required to wear a sun protective school hat that protects the face, neck and ears. Please make sure that your child's hat is clean, in good condition and clearly labelled. New hats can be purchased from Academy Uniforms. Students will also be encouraged to wear broad-spectrum water resistant sunscreen (SPF 30 or higher) and to be responsible for its reapplication throughout the day. Students are welcome to bring their own sunscreen (not to share) or apply in the mornings before coming to school. As always, students are also encouraged to have a drink bottle.



### Early Arrivals

Please be aware that supervision of students commences at 8:40 am and concludes at 3:45 pm. Students should not be left at school outside of these hours, unless previous arrangements have been made. Usually staff are here well and truly beyond these hours, but they often have other commitments — meetings, planning, etc. I would hate for any child to be left here unsupervised. If you are running late, please don't hesitate to let us know. If you require supervision outside of these hours, please contact <a href="Camp Australia"><u>Camp Australia</u></a>.

Outside of Hours Care continues to operate as it has throughout 2021. We encourage parents to make contact with <u>Camp Australia</u> if you require this service for before and/or after school care. Please ensure that you book in at least the week before.



### Poppy Appeal

Next week, our Social justice Leaders - Chiara, Monique, Marcus, Ella and Samuel will be supporting the Poppy Appeal in the lead up to Remembrance Day. On sale will be:

- Poppy Pins:\$2 / \$5 / \$10 / \$20 / \$30

Bag Tags: \$4Key Rings: \$4

- Wrist Bands:\$3

Our Social Justice Leaders will be outside the library before school and will visit the classrooms throughout the day. All donations go to the RSL General Appeals Patriotic Fund. For more information, visit www.poppyappeal.com.au



## Parish News

WEEKEND AND WEEKDAY MASSES

We are pleased to inform you that St Justin's church is now open for Holy Mass.

<u>Call Parish Office for weekend Masses booking: 9401 6335</u>/

No booking required for weekday masses.

Please note: You must be fully vaccinated to attend mass.

You will be required to scan the QR code upon entry to the church and have a vaccination certificate.

You will also be required to wear a mask and keep a distance of 1.5 metres. Please arrive at least 10-15 minutes before the Mass time.

Sunday 8.30am Mass is a nominated <u>VACCINATION UNKNOWN</u> Mass. See you soon and God bless! Fr Andrew

#### Catholic Magazine Young Voice Awards

Congratulations to Marcus ad Gizelle on receiving Highly Commended Awards, for their entries into the Young Voice Awards held earlier in the year. There were over 700 entries in this competition. Both digital entries were perceptive, inspiring and reflective. Congratulations to them both.



We're back . . .





All Children Can Achieve Success



#### **TERM FOUR**

Saturday 4<sup>th</sup> December

Tuesday 9th November School Advisory Council (SAC) Meeting Thursday 11<sup>th</sup> November 2022 Prep Transition (Small Groups) Thursday 18th November 2022 Prep Transition (Small Groups)

Friday 19th November School Sports Carnival

Thursday 25<sup>th</sup> November 2022 Prep Transition (structure of the session to be confirmed)

Thursday 25<sup>th</sup> November 2022 Prep Parent Information Evening –

'Thrive Not Just Survive' 7.30pm-9.00pm Confirmation 6DW – 5.00pm Mass

Confirmation 6S – 7.00pm Mass First Eucharist 5SS – 2.00pm Mass

First Eucharist 5CI – 4.00pm Mass Sunday 5<sup>th</sup> December *First Eucharist 4L – 2.00pm Mass* 

First Eucharist 4G – 4.00pm Mass

Thursday 9th December 2022 Prep Orientation 9.00am-12.00pm Wednesday 15th December Final school day for students, 1pm finish Friday 17<sup>th</sup> December

Final school day for staff



### School Sports Carnival

The Annual St Justin's Sports Carnival will be held on FRIDAY 19th NOVEMBER 2019 at KNOX ATHLETICS TRACK (BUNJIL WAY, KNOXFIELD).

The children are very excited and have been practising for this big event. They are very much looking forward to it and can't wait to compete for their house colours.

This is a compulsory school event and all children are expected to attend.

- This is being held during the day as a full day event.
- Students are required to report to school by 8.45am
  - Years 3-6 will be transported by bus to Knox track just after 9am.
  - Years P-2 will be transported by bus to Knox track at approximately 10.30am
- We ask that students are collected from the track between 3.10 3.30pm.

Teachers will remain with the students until they are collected.

All Children Can Achieve Success

An Information letter has been sent home which provides more detail about the event. Parent helpers will also be required and will need to contact Mr Johnson if they wish to volunteer as a helper (please note that all volunteers must have participated in the Volunteer Interview process here at St Justin's — they will need to check in on arrival). No parents are permitted on the track - only parent helpers. The students will be supervised by our staff. Parents are able to watch the event from the grand stand. Thank you.



Year 3s training for the high jump.



#### Kitchen Garden

The year one students had a beautiful mild and sunny day for their Kitchen Garden session on Thursday in the kitchen the students made healthy rice cake faces using many different types of vegetables to create a face on a rice cake. Their creations did not last long as they were very quickly eaten! I did however manage to take a photo of some of their creations.







In the garden the students planted marigold seedlings to attract bugs and bees to our veggie patch. They used the trowels to dig holes and carefully placed the seedlings in, adding a small amount of water to the soil. Over the next few weeks, the year ones will look after their seedlings and observe their growth.



In garden craft the students made hanging wreaths of herbs using pipe cleaners and ribbon. They weaved the rosemary and lavender around the wreath, and now have a lovely door hanger, Christmas tree decoration or other scented decoration to hang in their homes.

#### Sustainability Leaders

Today the Sustainability Leaders met to discuss National Recycling Week - coming up next week. Michael and Sabina informed the school community about what our school is doing to recognise this important week. We look forward to sharing some photos of students undertaking activities around the theme of recycling.

#### Chickens

We are very encouraged by people offering to help out with our care of the chickens over the school holidays in January. If you are willing to donate some time over the January school holidays to come up to school and spend a bit of time caring for the chickens and watering the vege garden we would love to hear from you. It usually takes about half an hour and is quite a simple process. Please email me to express your interest or to find out more about what is involved. <a href="mailto:adeegan@sjwheelershill.catholic.edu.au">adeegan@sjwheelershill.catholic.edu.au</a>

## Recipe:

# Healthy rice cake face

## **Ingredients**

- · Rice cake
- Spread eg avocado, hummus, cream cheese, yoghurt
- Vegetables eg, carrot, capsicum, tomato, , bean sprouts, alfalfa, radish, spinach





#### Method

- Use a rice cake as a base
- Spread a topping on the rice cake cream cheese, avocado, hummus
- Cut up your choice of vegetables/fruit to decorate a face on your rice cake
- · Eat before the rice cake becomes too soggy



A BIG THANK YOU to all of those students who have returned their books!

There are still many more hiding somewhere in your home!

Each class has a list of overdue books that your child could refer to if they are unsure if they have a borrowed book.

If they are still unsure or think they may have returned it, I would encourage them to come and see me ASAP.

If you have any questions, please feel free to email: amelenhorst@sjwheelershill.catholic.edu.au

Thank you. Annette Melenhorst

#### Classroom Cuisine

Lunch orders are back! Order online via the website www.classroomcuisine.com.au and see the amazing menu that your child can choose from further along in this week's Newsletter.





#### Anaphylaxis Management Policy

St Justin's Primary School requires the active engagement of parents/carers in the provision of up to date to Anaphylaxis Management Plans (ASCIA Action Plan) that comply with Ministerial Order 706.

It is important to note that the Anaphylaxis Management Policy applies to:

- all staff, including casual relief staff and volunteers
- all students who have been diagnosed as at risk of anaphylaxis or who may require emergency treatment for anaphylactic reaction
- Parents, guardians and/or carers of students who have been diagnosed as at risk of anaphylaxis or who may require emergency treatment for anaphylactic reaction.

Our school seeks to provide, as far as practicable, a safe and supportive environment in which students at risk of anaphylaxis are provided with reasonable adjustments. The school seeks to facilitate the safe participation of all students in the educational experiences offered by the school. Where students are known to be at risk of anaphylaxis, St Justin's Primary School requires parents to provide relevant information to enable them to carry out their duty of care obligations.

St Justin's Primary School's processes reflect the associated guidelines published by the Victorian government to support implementation of Ministerial Order 706 in all Victorian schools. The Victorian guidelines on anaphylaxis management include information on anaphylaxis including:

- legal obligations of schools in relation to anaphylaxis
- School Anaphylaxis Management Policy
- staff training
- Individual Anaphylaxis Management Plans
- risk minimisation and prevention strategies
- school management and emergency responses
- adrenaline auto injectors for general use
- Communication Plan
- Risk Management Checklist

You can find the entire Policy (along with other published Policies) on our website via the following link:

https://www.sjwheelershill.catholic.edu.au/our-policies

#### Guitar Tuition Returns

All Guitar Tuition resumes onsite at school from Wednesday November 10<sup>th</sup>, 2021. Contact Albert on 0409 411 815 for further details.

#### GUITAR TUITION PROGRAM

Vacancies exist for Guitar Tuition. Anyone who wishes their child to participate should contact Albert Axiaq via mobile on **0409 411 815** or email axiaq@live.com.au.

Albert Axiaq Ass Dip of Ed (Music) Bachelor of Arts (Music)

#### Lost Property

With the change of seasons, we sometimes need to wear a jumper or jacket in the mornings.

By lunchtime, the children are warming up and running around and this can often create a build-up of "lost" items that we would love to return to the rightful owners.

We regularly find items that have not been labelled, or are only labelled with a child's name who no longer attends St. Justin's or has an indecipherable name and in some cases no name at all!

Please help us to find the correct home for your children's uniform by clearly labelling your children's clothing with their first and last name. Thank you.



## Labelling your child's uniform:



Jack



Leave previous owner's name on the uniform



Please help us to facilitate the successful return of your child's uniform by using your child's first and last name when labelling them

#### Ritchie's IGA's

Ritchie's IGA have their Ritchie's Card which incorporate the Community Benefits Program, so we have the opportunity to continue to earn some money for our school. It is very easy to sign up and takes all of 2 minutes. Just download the app, complete the registration, verify your email address and activate your account. Then login and nominate St. Justin's School Wheelers Hill.

Every time you shop at any Ritchie's IGA and scan your app we will receive a % of your spend. For those that prefer you can collect a card from your local IGA store. It all adds up and so far, our school has received well over \$6000 on the previous version of this program. We know quite a few parents in our community shop at Ritchie's Rowville so please get on board and support our school. Thank you!

You can download the Apps by scanning the QR codes - or search for Ritchie's in the Apple App Store or Google Play.





#### MENU - TERM 4, 2021

CHECK WEBSITE FOR DAYS AVAILABLE AT YOUR SCHOOL
Order ONLINE until 8.30am on the DAY LUNCH IS REQUIRED

#### LUNCH ITEM ONE

#### SALADS

Greek Style Salad with Feta and Olives (V, GF)
Pic(k)nic Box – Vegetarian (V, GF)
Pic(k)nic Box with Ham (GF)
Mexican Inspired Salad (V, GF)
Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

#### SUSHI

Teriyaki Chicken Hand Rolls (2) Cooked Tuna Hand Rolls (2) Avocado Hand Rolls (2) Cucumber Hand Rolls (2) Vegetarian Hand Rolls (2)

#### BAKERY

Cheese and Bacon Roll
Cheese and Vegemite Scroll (w/m)
SCROLL with Ham & Cheese
Semi Dried Tomato and Olive ROLL
Topped with Only Cheese Roll

#### BAKED FRESH PIZZAS

(Thin & Crisp, Served at room temp)

Margherita Pizza Ham and Pineapple Pizza Fresh Tomato, with Italian Herbs Pizza Spinach and Feta Pizza

#### SANDWICHES, ROLLS & WRAPS

Turkey, Cranberry, Lettuce and Cheese Sandwich
Gluten Free Ham & Cheese Sandwich (GF)
Simple Salad Roll (V)
Cucumber & Ham Sandwich (GF)
Vegemite Sandwich (2)
Mild Salami and Salad Roll
Plain Cheese Sandwich (2)
Roast Beef, Fruit Chutney, Cheese and Lettuce Roll

Wholegrain Cheese and Tomato Sandwich WRAP (GF, DF) Ham and Salad Wholegrain Ham and Cheese Sandwich Chicken and Salad Roll Garden Salad Wrap (GF,DF,V)

Cheese and Salad Roll

#### LUNCH ITEM TWO/THREE

#### FRESH FRUIT & VEG

Fresh Fruit Combo Freshly chopped Strawberries & Grapes Lightly Steamed Corn wheels & Broccoli pieces

Celery & Carrot Sticks with Sultanas
Chopped Carrot, Cucumber, Red & Yellow Capsicum
Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
Chia Bowl with Banana, Coconut & Strawberries
Sugar Snap Peas, Beans & Cherry Tomatoes
Cantaloupe & Honeydew pieces
Edamame (Lightly Salted)

Cherry Tomatoes with Tasty Cheese & Rice Crackers Freshly chopped Orange Segments Whole Fruit – Banana OR Mandarin

#### YOGHURT

Strawberry Chobani Yoghurt Blueberry Chobani Yoghurt Passionfruit Chobani Yoghurt Plain Chobani Yoghurt

#### BAKED GOODS

Choc Chip Cookie Cornflake Cookie Finger Bun with Sprinkles Hedgehog Slice Choc Cup Cake (GF,DF) Blueberry Muffin

#### DIPS & CRACKERS

Tzatziki Dip with Rice Crackers Avocado Dip with Rice Crackers Spring Onion Dip with Rice Crackers

#### POPCORN/SNACKS

Dried Fruit Medley with a Yoghurt Frog Popcorn - Lightly Salted Popcorn - Slightly Sweet, Lightly Salted Lightly salted Fav'va Beans Chickpeas with Lime & Black Pepper Balsamic & Sea Salt Fav'va Beans

#### DRINKS

Apple Juice / Orange Juice Full Cream Milk Nippy's Chocolate Milk So Good Soy Milk Strawberry Milk – Lactose Free

Healthy, Interesting & Affordable Lunches Delivered to School!

More information about Our Offering including Pricing, Ingredients and Portion Size is available on the Our Menu Page at

www.classroomcuisine.com.au

### Wheelers Hill Library Letter to the Community

Hello,



The Wheelers Hill Library (and other Monash Public Library branches) will be reopening to the public on Wednesday 3 November from 10am. Our hours will be 10am to 6pm Monday to Friday, and 9am to 4pm on Saturdays.

It is important to note that as per the Government requirements, students under 16 years must be accompanied by a vaccinated adult (regardless of the child's vaccination status). Students 16 and over may attend the library alone but are required to prove double vaccination (or hold a valid exception). This may deny access to some of your students who would normally head to the library straight from school. This requirement may change once we reach 90% vaccination.

All visitors to the library will be met by a concierge located outside in the library (Ferntree Gully Road entrance) and are required to use the Services Victoria app/QR code and be double vaccinated (or show proof of medical exemption). People not fully vaccinated or without a medical exception will not be able to enter the library (Click & Collect services will still be available).

Density requirements on the number of simultaneous visitors to the library will be in place when we reopen.

Hopefully this information may be able to be communicated to your school community.

Kind regards, Emily - Youth Librarian





# Newsletter





### A message from your Coordinator

We hope that you enjoyed your long weekend taking the time to relax and have some much needed fun! This week we will be exploring origami and what we can make with painting fun.

Sand art will allow the children to create pictures and enjoy a fun texture.

We will be doing some clay art to get the children's art into 3D form and bring life to their imaginations!

Hope to see you all soon!

Regards,

Aradhana.

#### What's on the menu

- Fruit salad
- Rice cakes with Jam/ vegemite/honey/ salsa
- Sakatas

#### Activities coming up

- Clay art
- Origami
- Sand art

#### It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



New articles are added each week for parents and cover various topics to help families.

VISIT OUR BLOG

Visit our blog



www.campaustralia.com.a

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## COME AND PLAY

Glen Waverley Angels Softball Club

# NEW PLAYERS WANTED

- Girls & Boys 8+ years welcome
- Boys & Girls U12s, Girls U15s & U17s
- Weekly training at Jells Park
- Saturday morning games November to March



For more info: gwscregistrar@gmail.com

www.facebook.com/groups/gwsc.angels

www.revolutionise.com.au/gwsc



Mazenod Cricket Club invites our entire St Justin's community (mums, dads, girls and boys) to play cricket.

Our new junior program is all inclusive with specialist Level 2 coaching aimed at various children's skill levels.

Training is on Tuesday and Thursday evenings at Mazenod College.

#### Mazenod Cricket Club offer:

- Super7s (7-8 year olds; Wednesday evening)
  - Fast9s (8-10 year olds; Friday evening)
    - U12s (Friday evening)
    - U14s (Friday evening)
  - u15s elite level turf (Sunday morning)
    - U16s (Saturday morning)
  - u17s elite level turf (Sunday morning)
    - Seniors (Saturday afternoon)
- Womens seniors (Every second Sunday afternoon)
  - Veterans (Every second Sunday afternoon)

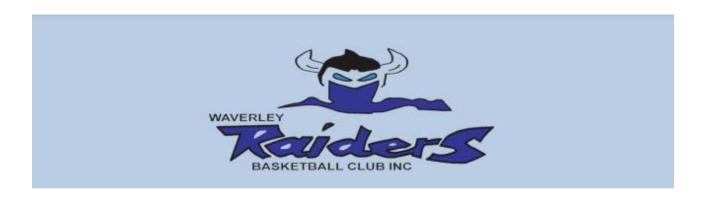
For further information, contact David on 0412 663 756 or <a href="macecjuniors@gmail.com">macecjuniors@gmail.com</a>
Visit our website <a href="macecjuniors@gmail.com">macecjuniors@gmail.com</a>
up for all information.



Nazareth College is a Catholic Co-educational Secondary School where all students are known and have the opportunity to succeed.



www.nazareth.vic.edu.au enrolments/enrolment-process/



#### REGISTER NOW FOR THE SUMMER SEASON!

Games played on Saturdays
UNDER 8 boys & girls (games at 8:00 and 8:45)
UNDER 10 boys (games at 8:00, 8:45 and 9:30)
UNDER 12 boys & girls
UNDER 14, 16 & 18 boys

Beginners and experienced players welcome
Term 4 2021 & Term 1 2022

