

NEWSLETTER

St Justin's Parish School

Principal: Mr Patrick Torpey

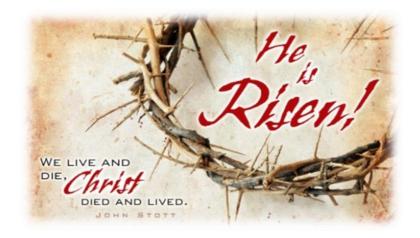
Email: principal@sjwheelershill.catholic.edu.au

Bulletin No. 11

Friday 26th April, 2019

Dear Families and Friends,

Welcome back to Term 2. I hope you all had a safe and Holy Easter. We have had a great start to the Term and it promises to be another busy one! Please take note of the listed dates for Term 2.



ANZAC Service

Today our Liturgy Leaders led our ANZAC Service. Our students put on a wonderful service, not only acknowledging the men and women who have represented their countries during times of war, but also a time to pray for world peace.

Thanks to all who were involved -I'm sure our soldiers would be very proud. Thanks also to Miss Kirk for her leadership in preparing this service.





Working Bee – Saturday 4th May: 1:30pm – 4:30 pm. Everyone welcome.

All Children Can Achieve Success

Prep Enrolment 2020

Next week we will be looking at our 2020 Prep Enrolments. If you have a child commencing next year and haven't returned an enrolment form, would you please do so next week. Thank you.



Parking

With the onset of wintery weather, traffic congestion around the school will certainly increase. Can I please ask all drivers to be considerate when parking, ensuring that we park close to the curb and close to driveways, leaving enough room for others to park behind, if possible? We should never park over driveways – not only is it the law, but it is also disrespectful to our neighbours. Safety in and around the school is a responsibility we all share.

Can I also request – please, please, please don't park in the two minute zone and walk down to collect your child or to drop them off. Please stay with your car so you can move off quickly when necessary. Your cooperation is greatly appreciated by all members of our community.

and so thy

UNIFORM SHOP / WINTER UNIFORMS

Winter uniform items are available from the Uniform Shop. Please get in now and place your orders at https://sjwheelershill.cdfpay.org.au. These orders will be sent home and if you need to make changes to the sizes that you have ordered, please come to the Uniform Shop on any Thursday morning between 8.45-9.15am and we can exchange for the correct size.

The requirement is that all students are in full school winter uniform by the second week of Term 2.



St Justin's Colour Run
Thursday 30th May - More details next week

All Children Can Achieve Success

Term 2 Dates

Tuesday 30th April *P & F Meeting 7.30pm*

Wednesday 1st May First Eucharist Year 4 Parent/Child Workshop 7pm

Saturday 4th May First Eucharist Year 4 Medal Mass 6pm

Working Bee 1-4pm

Sunday 5th May First Eucharist Year 4 Medal Mass 10.30am

Tuesday 7th May PEB Meeting 7.30pm Friday 10th May Mother's Day Dinner

Sunday 12th May Mother's Day

Tuesday 14th May St Justin's Fair on the Hill Meeting 7pm (in the PAC)

Naplan

Wednesday 15th May Naplan Thursday 16th May Naplan

Saturday 18th May Parish Dinner Dance

Federal Election – St Justin's will be a polling booth

Monday 20th May Prep 2020 Interviews Tuesday 21st May Prep 2020 Interviews *P & F Meeting 7.30pm*

Pizza Day

Wednesday 22nd May Prep 2020 Interviews Thursday 23rd May Prep 2020 Interviews Friday 24th May Prep 2020 Interviews

Saturday 25th May First Eucharist Year 4 Mass 3.30 & 6pm

Sunday 26th May National Sorry Day

Thursday 30th May St Justin's Colour Run – please note change of date

Friday 31st May St Justin's Day Mass 9.15am

Saturday 1st June St Justin's Day

Sunday 2nd June First Eucharist Year 4 Mass 10.30am

Tuesday 4th June PEB Meeting 7.30pm Wednesday 5th June World Environment Day Thursday 6th June PPT Meeting 7pm Sunday 9th June Pentecost Sunday

Monday 10th June *Queen's birthday*

Tuesday 11th June Staff Professional Learning Day/Student Free Wednesday 12th June Staff Professional Learning Day/Student Free

Saturday 15th June Bunnings BBQ Tuesday 18th June Musical Soiree 7pm

Thursday 20th June Parent/Teacher Interviews School Finish 1pm

Tuesday 25th June *P & F Meeting 7.30pm*

Thursday 27th June Casual Dress Day – donations for Trivia Night

Friday 28th June End of Term 2 finish 1pm

St Justin's Working Bee on the Hill

Saturday 4^{th} May, 1:30 pm - 4:30 pm

We would love to see you there.

All Children Can Achieve Success

Minor Works

Over the holidays we had some minors works completed around the school, including:

- updating the disabled parking signs around the school and church,
- completing the garden bed outside the library
- staining the deck outside the PAC and adding chains/hooks to hold the doors open,
- new signage on the student toilets and cleaners room,
- removing the two garden beds between the Library and the Wheeler Wing and back filling with concrete.

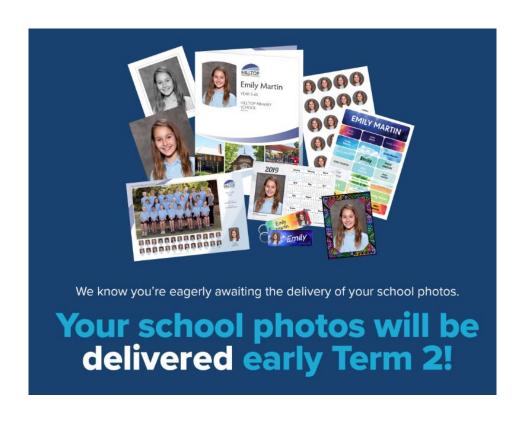
As always, the place looks great and doesn't go unnoticed by our visitors who often comment that if a community cares this much for their school, then it is obvious that they would care for each other. A huge thank you to Tony D, Angelo G and Paul K who spend many hours ensuring that our grounds look great.

Before the end of the year, we hope to address some other areas of the school grounds, including the playgrounds, student toilets and retaining walls.

A reminder that we have a working bee next Saturday – everyone welcome. Remember, many hands make light work.







ST JUSTIN'S SWIMMING PROGRAM 2019 YEARS PREP – 4

As noted in our final newsletter of term 1, our Swimming program commences NEXT MONDAY, 29th April for all Years Prep-4 students. Session times are as follows: *Session times:*

Session 1 - Prep
 Session 2 - Grade 2
 Session 3 - Grade 3
 Session 4 - Grade 1
 Session 5 - Grade 4
 Session 5 - Grade 4

The school interviews website was opened last term for parents to volunteer to support the program. There are still places which need filling. Please go to www.schoolinterviews.com and use the code wydqc to volunteer.

All parents are welcome to visit the pool at the times your children are swimming but please note **ONLY parent** helpers with school lanyards and school staff are permitted to enter the change rooms. Some things to remember:

- ✓ Swimming Caps are available at school for \$2. Please see Miss Jones to purchase. Please provide an extra snack on swimming days as children often feel hungrier during these days. Teachers may slightly change eating times on swimming days, dependent on swimming times and may also give additional time for eating and drinking water as needed.
- ✓ Bathers are to be worn to school underneath sports uniforms. Two-piece bathers are advisable for younger female swimmers if possible.
- ✓ Bring swimming bags with swimming cap, towel, thongs, underwear and goggles. PLEASE ENSURE ALL ITEMS ARE <u>CLEARLY LABELLED!!</u>
- ✓ NO FOOD IS TO BE PURCHASED FOR CHILDREN FROM THE CANTEEN AT THE POOL. Thank you for respecting our need to ensure the safety of our students with anaphylaxis.

PARENT HELPERS:

- Thank you for signing up to assist us in this process
- Please make your own way to the pool for sessions you are assigned to. There is ample car parking on site
- Please meet at the pool 10 minutes before your assigned session
- You will be given induction and a lanyard at your very first session at the pool
- Any questions, feel free to contact Annie Herbison in the school office or on aherbison@sjwheelershill.catholic.edu.au

Pool details: Swim World – 452 Springvale Rd Glen Waverley Thank you for your support and assistance during this time. St Justin's Staff

St Justin's Working Bee on the Hill

Saturday 4th May, 1:30 pm - 4:30 pm

Dealing with Anxiety in our Society

Last week I had the great privilege of attending the Victorian Association of Catholic Primary School Principals' biennial Conference, the focus of which was "Impact the Future: Leading Today's Learners for Tomorrow". There were a variety of high quality presenters and presentations that mostly centred around themes such as the importance of working on mindset with our students, building positive attitudes and ensuring we work with them in achieving their full potential. All of our speakers had succeeded in either developing their own businesses or working in successful organisations and spoke of their own need to persevere in times of hardship.

Some of our speakers referred to our current societal struggles with anxiety and the impact that this can have on our children's learning, health and wellbeing. Of note has been the huge increase in treatment of anxiety and the use of medication to balance the effects of it on our everyday lives.

One of the major contributing factors to this increase in more recent years has been the leap in advancements in technologies and our inability as humans to manage this sudden change. The invention and massive explosion of the use of the smartphone and other smart devices has meant that so many of us now, including our teens and the vast majority of primary school students, are in constant connection with the world through the screen. With our links to an online world which constantly wants our attention, we have become unsure about how to draw the line between our physical connections with other humans and our online relationships. Human relationships are blurred as we no longer practise personal connection as we used to. We engage in games where we don't need to communicate face-to-face, or we reply to messages and emails which reduce the need for human interaction.

What can we do about it?? Recognising what is happening is the first thing you can do! Other recommendations include:

- Limiting time spent on devices
- Make certain times of the day completely technology free
- Don't be on screens before bed time as this can keep people awake
- Exercise regularly and spend time with friends (face-to-face)

Mrs Annie Herbison



Managing & Limiting Screen Time

Screens or devices i.e. (IPad's, phones, computers and TV's) are fantastic tools to use in relation to both children's learning and entertainment. At St. Justin's Primary School, we encourage the use of the latest technology and apps for educational purposes using a balanced approach both at school and at home. We understand that too much screen time can lead to physical, social-emotional, developmental and safety risks for the child. From a parents or carers perspective, we acknowledge that managing and monitoring your child/children's screen time is becoming increasingly hard in this digitally focussed world.

Here are some examples of questions you might ask yourself to establish whether your child/children's screen time is under control at home;

- Do you have a plan to manage screen time for your child/children that is consistently followed?
- Does the use of screen time for your child conflict with time being spent socially with friends or family?
- Does the use of devices or screens interfere with your child's daily sleep habits?
- Does the use of screen time take the place of other activities deemed to be most important to a child's development, such as physical play, reading, or creative play like drawing?
- Is your child engaging in **quality** screen time? i.e. (does the app or video support your child's learning through encouraging creativity, problem solving, communication or social skills?)
- Is the transition between screen time and non-screen time easy to manage? i.e. (will they get off when instructed to do so or do they become over emotional?).

If after asking yourself these questions, you feel as though you may need to put some strategies in place at home to manage or limit your child/children's screen time, below are some useful tips;

- Set out your *family limits* in regards to screen time. This means having agreed rules from both an adult and child's perspective. For example in relation to what devices or apps can be used, when, where and the duration they can be used for.
- In consultation with your child/children, develop *consequences* if the rules you've agreed on together are broken. For example, your child might be using an app which you agreed was inappropriate or they have taken the device into their bedroom to use during sleep time. A consequence may be taking away the screen or device for a set period of time.
- Set children up for success in relation to following the rules i.e. (set a timer that lets the child know when screen time is over, or remind your child when screen time is about to finish).
- Talk to your child about their next activity before screen time starts, this allows an easier transition when screen time ceases.
- Allocate *screen free times* i.e. (60-90 minutes before bedtime as recommended, dinner time and during social/family events or activities).
- Use screen time as a *reward* for desired behaviours or as *exchange* for other activities such as cleaning their room or completing homework. Remember that the amount of time allowed on screens should be half the amount of time spent off the screens.



Reference: www.suelarky.com.au

Helpful Resources:

Risks of too much screen time:

 $\underline{https://raisingchildren.net.au/school-age/play-media-technology/screen-time-healthy-screen-time-healthy-screen-time}$

How Parents can manage their children's screen time during the holidays:

https://www.sbs.com.au/news/insight/how-parents-can-manage-their-children-s-screen-time-during-the-holidays

Best Parental Control Apps to Monitor and Limit Screen Time:

 $\underline{https://www.educationalappstore.com/best-apps/best-parental-control-apps-to-monitor-and-limit-screen-time}\\$

Volunteering at St Justin's

Thanks to all who have responded so positively to the call to volunteer at St Justin's – we've had an amazing response with almost 120 volunteers now successfully completing the Volunteer Screening Process. Not only are we so fortunate the have such committed and enthusiastic community minded people, but it's nice to know that we are all on the same page when it comes to maintaining a 'child safe' environment for the children in our care.



school, (we would love to have you) please

complete the details within the Volunteer Packs (envelopes) were sent home a few weeks ago – this information is also available on our website, under the Child Safety tab. Any parent who wish to volunteer their services to the school must:

- Provide evidence (driver's license/Medicare card/passport) of personal identity
- Provide a valid Working with Children Check (WWCC)
- Respond to Volunteer Application questions
- Complete two Referee Reports for Volunteers that affirm that volunteer's suitability for working with children
- Meet with the Principal and/or Deputy Principal as part of our regular interview process. A Record of Interview will be completed at this time.

If you still require an interview, again we have opened up some more time slots for the next few weeks. These will be conducted next week on the following dates:

- Wednesday 24th May 2:00pm 3:00pm
- Friday 26th April 9:30am 10:30am
- Monday 29th April 9:30am - 10:30am / 2:00pm - 3:00pm

If you are waiting on a phone interview, please be patient – we will get to you very soon.

To make your appointment time please follow the instructions:

- 1. Go to www.schoolinterviews.com.au
- 2. Enter code pgyfj
- 3. Select a date and time to suit



When you click FINISH your selected interview time will be emailed to you immediately. If you not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect. DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

Class Representatives

Thank you to the following Class Representatives who have volunteered to represent their class:

Class	Class Representative Names
Prep Z	Laura & Amanda
Prep J	Anna & Shelley
1D	Aaron, Narelle, Melinda & Vivien
1IW	Melissa & Sharon
2M	Jannette & Marie
2SD	Volunteers needed
3W	Volunteers needed
3SS	Monique & Melissa
4O	Volunteers needed
4KC	Volunteers needed
5H	Volunteers needed
5WC	Volunteers needed
6FC	Volunteers needed
6L	Monique & Heidi

We are looking for volunteers to act as Class Representatives (preferable 2 from each class). The Class Representatives will liaise with the class teachers and help communicate information to the class parents. If you are interested in this role or want to ask a question about what is involved, please email the P&F at pnf@sjwheelershill.catholic.edu.au with your name, contact email and mobile phone details, and child/children's class and a member of the team will be in contact.

Woolworths Earn & Learn 2019

Woolworths Earn & Learn is coming back to your local store from 1st May – 25th June. A single sticker will be given to a customer with every \$10 spent in a single transaction at Woolworths Supermarkets, Woolworths Metro and Woolworths Online. We are not necessarily promoting people having to shop at Woolworths, but if you do we'd appreciate your support. In 2017, St Justin's families collected Woolworths Earn and Learn stickers. We were very fortunate to earn quite a substantial amount of points. With our points the school was able to redeem various items.

Let's stick together and make this one the biggest yet! More information coming soon.

Entertainment Book 2019 – 2020

St Justin's is fundraising with the Entertainment Book, you will be able to pre-order and take advantage of some of the special offers that go along with the Entertainment Book, more news will be coming through from the school on how to sign up!!

Trivia Night

Our upcoming and much anticipated Trivia Team event to be held **Fri 26th July** - more details to follow.



A great deal of work has gone into our Fair on the Hill. So far we have:

- Booked the rides
- Secured some sponsors (more required)
- Identified the food stalls and their coordinators
- Started to build the entertainment list
- Organised some magnificent prizes for the major raffle, and
- Much, much more.

At this stage, our focus is on:

- Securing more sponsorship (Payment and Logos must be returned by 1st September) and
- Organising other stalls.

If you, or any other person you know, would like to be involved in our magnificent Fair on the Hill, please don't hesitate to contact us – we would love to have youyour input..



SPONSORSHIP / DONATIONS

Please comple	ete this form to sponsor or donate to St	fustin's Community Fair 2019.
Business Nam	me	
Contact Perso	on	
Business Add	dress	
Telephone	Email	
Selected Leve	el of Contribution:	
	☐ • Platinum Package \$2000.00	
	☐ • Gold Package \$1000.00	
	☐ • Silver Package \$500.00+	
	☐ • Bronze Package \$200.00+	
	Silent Sponsor	
	Stall Sponsor	
	In-kind Donation	
If donating G	Goods/Services please specify	
	/ send this form to: St Justin's Primary Susfair@gmail.com	chool 48 Whalley Drive Wheelers Hill VIC 3150 or
Terms and Committee	Conditions ee reserves the right to refuse any sponso	rship offer or offered donation.
Payment and	Company Logos for marketing must be	received by 1st September 2019
Company Log	gos are required in vector file (.ai or.eps)
An Invoice ar	nd further information will be sent upon	receipt of completed form
Signed		Date
Thank you		
St Justins Fair	r committee	

		PLATINIUM	GOLD	SILVER	BRONZE
INCLUSIONS IN FAIR ADVERTISING					
School website	logo and web link	loga & link	logo & link	logo	name listing
Parish website	logo and web link	logo & link	logo & link	logo	name listing
Promotional posters	placed in community areas	larger logo	larger logo	smaller logo	name listing
Real Estate Billboards	6 locations	larger logo	logo		
Letterbox Flyers	5000 locally	large logo front cover	smaller logo back cover	name listing back cover	name listing back cover
Raffle Tickets	2500	logo	logo	name listing book cover	name listing book cover
Skoolbag App.	logo and web link	yes	yes	yes	
Weekly School Newsletter		large logo & link	large logo & link	smaller logo back cover	
Weekly Parish Bulletin		large logo & link	large logo & link	smaller logo back cover	
ADDITIONAL PROMOTIONAL OPPORTUNITIES					
Your logo printed on new fair flyer	Prime advertising position	larger logo front cover	smaller logo front cover	smaller logo back cover	name listing back cover
Business profile advertisement	separate occasions	2 x full page	2 x full page	1 x half page	
Thank You Certificate	logo	yes	yes		
ON THE DAY EXPOSURE					
Marketing/Promotional materials at Fair Welcome stand		Yes	Yes	Yes	Yes
Signage opportunities at the Fair		Yes	Yes	Yes	
Promotional Stand at the Fair (approx. 3mX3m)	optional	Yes	Yes		
Regular announcements by the MC throughout		Yes	Yes		
the day on the Main Stage		Yes	Yes		
Opportunity for Demonstration/Presentation	optional	Yes	Yes		
INVESTMENT		\$ 2000+	\$ 1000+	\$ 500+	\$ 200+



St Justin's Working Bee on the Hill



Saturday 4th May 1.30 - 4.30PM

PRUNING • WEEDING • REMOVING DEAD

BUSHES • SPREADING WOOD CHIPS •

UNBLOCKING DRAINS • TIMBER STAINING • HARD

RUBBISH REMOVAL • WINDOW CLEANING HIGH

PRESSURE CLEANING • PLANTING NEW PLANTS •

GENERAL MAINTENANCE AND GARDENING

Drinks and BBQ from 4.30pm. Enjoy a sausage and drink in our outdoor kitchen and garden area

Remember if you attend two ar more Working Bees you are eligible for a \$100 credit on your school fees account

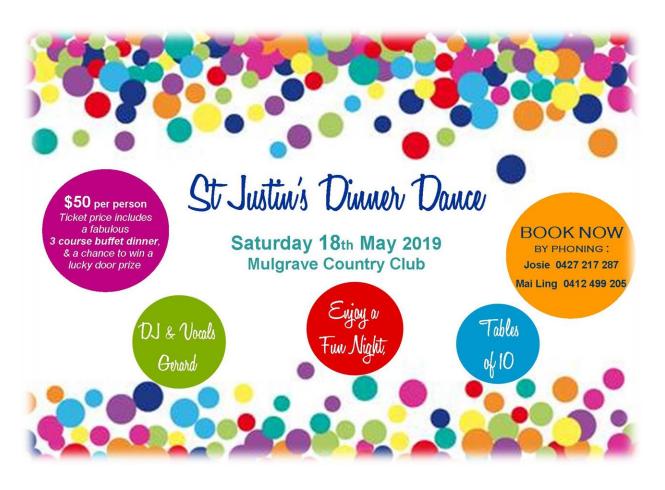


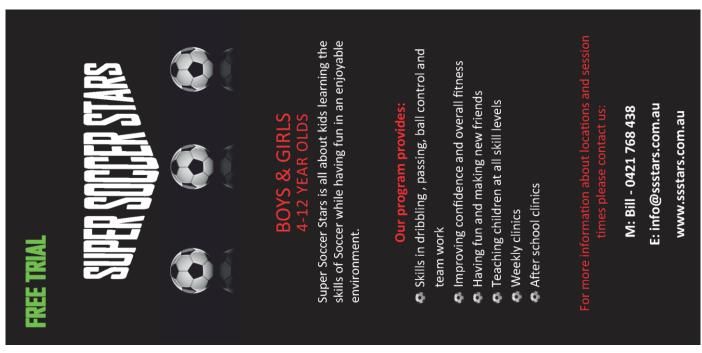
Bring the kids along!

While parents are busy helping out, all children are able to participate in fun and exciting activities and watch a movie (BYO beanbag) in the PAC.

Children will be supervised by parents and provided with drinks and light refreshments.

I / WE will be attending this event:	
Child's name and class:	
Please state any allergies:	
Working With Children Check number:	
Contact number :	







MOTHER'S FRIDAY 10 MAY DAY

Ladies night out cocktail party with DJ at Butler's Pantry Rowville

Date: Friday 10th May Time: 6:30 til late

Venue: Wellington Village Shopping Centre 1090 Wellington Rd, Rowville VIC 3178

Cost: \$50pp includes Antipasto table, Arancini, Calamari, Pasta bowls, Pizza, Prawn twists, soft drinks and a complimentary cocktail on arrival (Choice of - Espresso Martini, Aperol Spritz or Basic Spirits)

Payment can be made using CDFPay https://sjwheelershill.cdfpay.org.au or cash via the classroom bucket - please put correct payment and RSVP slip in envelope with your name and event on front of envelope.

Please note that cut off for using CDFPay will be 3 May at 3.30pm.

Enquiries made to Tony Di Iorio on 0404 863 443 RSVP by Friday 3rd May

MOTHER'S DAY	
Name:	
Phone number:	
Childs Class:	